

# Chocolate Banana & Avocado Pots



## Recipe By Jaxters

**Ref:** 928

**Heading:** Puddings

**Cuisine:** British & Irish

**Food Type:** Vegan

**No of Portions:** 4

## Ingredients & Prep

4 Ripe bananas peeled chopped  
2 Ripe avocado flesh only chopped  
50 g Cocoa powder  
65 g Maple syrup or honey  
2 tsp Vanilla paste or extract  
1/4 tsp Salt

## Suggestion & Tips

You can add some chopped nuts on top.

## Method

**Step 1** - Place all the ingredients into a food processor & blitz to a smooth mousse.

**Step 2** - Spoon mixture into glasses & chill in the fridge for 2 hours before eating.