Fried Gnocchi with Spinach & Tomato



Ingredients & Prep

16 Cherry tomatoes250 g Fresh Spinach washed2 Garlic cloves finely chopped1/4 tsp Salt1/2 tsp Freshly ground black pepper3 tbsp Olive oil

Gnocchi

700 g King Edward Potatoes baked 150 g Self-raising four 1 tsp Onion granules 1/2 tsp Salt 1/2 tsp Ground white pepper

Garnish

sprinkle Vegan Parmesan cheese grated (optional)

Suggestion & Tips

Have with a salad. You can use ready made vegan Gnocchi.

Recipe By Jaxters

Ref: 784

Heading: Pasta
Cuisine: Italian
Food Type: Vegan
No of Portions: 4

Method

Step 1 - In the oven bake the potatoes in there skins at 180°C for 1 hour 15 mins, remove set aside & allow to go cold.

Step 2 - Scoop out potato flesh with a spoon into a bowl, add flour, salt & pepper & mix well, cover & set aside.

Step 3 - Make the gnocchi, flour a worktop then roll our potato mixture into cylinders about 2cm in diameter, then cut in 2cm pieces, next use a fork prongs & press indentations into each one.

Step 4 - Place a saucepan with salted boiling water on the hob & cook the gnocchi until they float, scoop out with slotted spoon, you may need to do in batches, then set aside apart to cool.

Step 5 - In a frying pan on a med heat add oil & cooked gnocchi & fry until light brown then turn to do the other side, then remove & set aside, you may need to do in batches.

Step 6 - In the same pan add tomatoes & garlic cook stirring for 2 to 3 mins until soft, add salt, pepper, spinach & fried gnocchi, cook stirring until spinach has wilted & all is hot then serve.