Roast Vegetable Lasagne



Ingredients & Prep

350 g Fresh lasagne sheets

150 g Parmesan cheese grated

2 Aubergine cut into 8mm slices

2 Red sweet pepper cut into strips

2 Courgette cut into 5 mm slices

1 Red onion sliced

2 tsp Garlic paste

1/2 tsp Freshly ground black pepper

1/4 tsp Salt

3 tbsp Olive oil

Tomato sauce

300 ml Tomato Passata

125 ml Water

1/2 Onion chopped

1 Garlic clove grated

1 tbsp Tomato puree

1 tbsp Fresh basil chopped

1 tsp Fennel seeds crushed

1/2 tsp Chilli flake (optional)

1 tsp Caster sugar

1/2 tsp Freshly ground black pepper

1/4 tsp Salt

White Sauce

350 ml Full fat milk

100 ml Double cream

100 g Cream cheese

50 g Butter unsalted

25 g Plain flour

1 Veg stock cube or gel pot

1/2 tsp Freshly ground black pepper

Suggestion & Tips

If you have a pasta machine you can make your own lasagne pasta sheets

Recipe By Jaxters

Ref: 773

Heading: Pasta Cuisine: Italian

Food Type: Vegetarian **No of Portions:** 6

Method

Step 1 - Pre-heat oven to 200°C fan.

Step 2 - In a bowl add oil, salt, black pepper & garlic paste & mix, then add Aubergine, Sweet Pepper & Courgette slices, red onion & coat with the oil, tip veg into a baking tray & roast for 20 to 25 mins until soft & browned on the edges, stir around halfway through cooking.

Step 3 - Make the tomato sauce, place onion & olive oil in the same frying pan over a med heat, stir & cook onion until soft, then add garlic & cook for a one more minute, then add passata, water, sugar, tomato puree, crushed fennel seeds chilli flakes if used, sugar, salt & pepper, bring to a simmer & cook for 2 mins stirring all the time, when done set aside.

Step 4 - Make the white sauce, add butter & flour into a saucepan over a med heat & cook until it bubbles, then slowly add the milk using a whisk to mix in, when all in add cheese, cream, stock cube & pepper, bring to a slow boil & cook out for 1 minute & set aside.

Step 5 - Take a baking dish & add a thin layer of the tomato sauce, then place a layer of pasta sheets over the top, then layer a 1/3 of white sauce over the top, then a 1/3 of the roast on top then another pasta sheet layer then 1/2 the tomato sauce & 1/3 of the veg, next layer of pasta sheet then last 1/3 of the veg & tomato sauce, then a final layer of pasta then the rest of the (2/3rds) of the white sauce over the top, sprinkle over parmesan cheese & bake for about 25 mins or until golden brown on top.