

Pumpkin & Maple Syrup Ice Cream



Recipe By FoodieBook

Ref: 468

Heading: Puddings

Cuisine: American

Food Type: Vegan

No of Portions: 8

Ingredients & Prep

400 ml coconut cream
400 tbsp coconut milk
300 g pumpkin puree tinned
120 ml maple syrup
60 g brown sugar
1 pinch cinnamon ground
1 pinch ginger ground
1 pinch nutmeg
1 pinch allspice ground
1 pinch cloves ground

Suggestion & Tips

Very tasty on its own or with chocolate puds..

Method

Step 1 - Place coconut milk & sugar into a bowl & whisk until the sugar has dissolved, then add all the rest of the ingredients & mix well.

Step 2 - Pour into a ice cream maker & churn until soft frozen then put into a lidded container & freeze.

Step 3 - Take out 20 mins before scooping & serving.