

Fennel & Celery Salad



Recipe By FoodieBook

Ref: 345

Heading: Salads

Cuisine: Italian

Food Type: Vegan

No of Portions: 4

Ingredients & Prep

- 1 Romaine or iceberg lettuce sliced
- 200 g Mixed salad leaves of choice
- 100 g Rocket
- 1 Fennel bulb trimmed & thinly sliced
- 4 Spring onions, thinly sliced at an angle
- 2 Celery sticks, thinly sliced
- 200 g Cucumber med sliced
- 12 Cherry tomatoes

Dressing

- 60 ml Extra virgin olive oil
- 1 tbsp White wine or cider vinegar
- 1 tbsp Balsamic vinegar
- 2 tsp Dijon mustard
- 2 tsp Caster sugar or Agave nectar
- 20 g Fresh dill chopped
- 1/2 tsp Salt
- 1/2 tsp Freshly ground black pepper

Method

Step 1 - Place all the salad ingredients in a bowl.

Step 2 - Make the dressing by putting the dressing ingredients into a clean jam jar & giving it a good shake, or blend with a stick/hand blender, then mix dressing into the salad & serve.